



# MANTHAN-SVK

SAMPOORNA VIKAS KENDRA



THE HOLISTIC EDUCATION PROGRAM  
FOR UNDERPRIVILEGED CHILDREN  
ANNUAL REPORT 2012-2013

A SOCIAL INITIATIVE OF **DIIVA JYOTI JAGRATI SANSTHAN**



### **Divya Jyoti Jagrati Sansthan (DJJS)**

A multi-faceted socio spiritual organisation run under the stewardship of His Holiness Ashutosh Maharaj Ji aims to actualize the vision of 'Global Peace through Self Awakening'. DJJS is working towards social reformation & welfare of communities, through its network of branches spread across the globe. On Social front, its primary focus remains on gender, health, education, environment, drug-abuse eradication, bovine conservation and empowerment of disabled & prisoners.



## **OUR INSPIRATION**

Holistic Education epitomizes an internal evolution process enabling a child to know his own self and realize his latent potential...  
- His Holiness Ashutosh Maharaj ji

# Manthan Sampoorna Vikas Kendra (SVK)

The Holistic Education  
Program of DJJS

## PROBLEM

Today, values in education system have seriously gone missing. Moreover, education is often limited to imparting skills for earning livelihood or sustaining life. On one hand, the public and higher education is so expensive that middle income group can't even imagine sending their children to those money demanding institutions. The worst part is that a large number of population under the age of 12 is still out of schools.

## AIM

Manthan aims to bridge the gap by providing enrichment classes through supplementary schooling to the underprivileged children of remote villages and urban slums to strengthen their core educational foundation.

## APPROACH

Education at Manthan - SVKs is perceived as a comprehensive process that fosters overall development of a child. The approach followed is grounded in the principles of value based systems of education, which is a process to develop, nurture and enhance human beings with the sound power of discretion. This enables them to lead a righteous life.

We focus on incorporating innovative learning methodologies by reinforcing holistic systems of education.

## OBJECTIVES:

- Equal and free education to under-privileged sections of society through focussed learning.
- Generating awareness about education among parents and community.
- Nurturing power of thinking in children.
- Making children learned and not just educated by inculcating moral values in them.
- Reducing the education gap between poor and rich.

## TOOLS

- Community mobilization and participation.
- Counselling of parents to impart education to their wards.
- Activity based teaching learning material
- Capacity building of women through adult literacy program.
- Vocational trainings.

## THEMATIC AREAS OF WORK

- Education for Underprivileged children
- Adult Education

## EXPECTED OUTCOME:

- Free and Equal education to all (Poor/ Rich)
- Equality of education among both genders
- Replenishment of Indian Value system
- Holistic development of children
- Reduced drop-out rate
- Enhancement in creative and vocational skills



S.NO.	STATE	ACTIVITY NAME	NO. OF ACTIVITIES	TOTAL NO. OF BENEFICIARIES	BRIEF DESCRIPTION OF ACTIVITY
1	DELHI				
	SHAKURPUR	G.K SESSION	8	130	Enhancing knowledge with the help of question bank, generating awareness about society and current affairs
		MORAL SESSION	26	125	Moral sessions to make students a better human being and help them make right choice in life
		ART & CRAFT	14	115	Creative classes to boost hidden creativity and talent of students
		LIFE SKILL	2	123	Training students on time management and enhancing learning power.
		EVENT CELEBRATION- INDEPENDENCE DAY, EID, DIWALI, CHARISTMAS DAY.	3	130	Fostering the celebration of festivals in SVKs, highlighting their significance, holding quiz competitions and creative fun activities, and distributing sweets.
		WATER RALLY	1	81	Students undertook a rally to generate awareness about saving water
		PTM	1	35	PTM was organised to inform parents about the progress of their ward and discuss the problem (if any) faced by them in sending their ward to the centre.
		QUIZ COMPETITION	1	75	Science and G.K quiz session was organised to boost knowledge of current affairs. Students played with great zeal to win the competition as a team. Prizes were given to the winning team members.
		LANGUAGE WORKSHOP	1	67	This was based on how to give self-introduction and improve speaking skills.

	RITHALA	FORMAL INAUGURATION ON - 22 AUG 2012			
		DANCE & MUSIC WORKSHOP	13	87	Creative classes to enhance inner talent and expressions of children.
		EVENT CELEBRATION- DIWALI, REPUBLIC DAY	2	78	Fostering the celebration of festivals in SVKs, highlighting their significance, holding quiz competitions and creative fun activities, and distributing sweets.
		G.K SESSION	.....	.....	Enhancing knowledge with the help of question bank, generating awareness about society and current affairs.
		MORAL SESSION	14	33	Moral Education, Basic Mannerisms etc. were taught to the students in an entertaining manner.
		ART & CRAFT	5	60	Art & Craft and Colouring session to improve fine-motor skills of students
		LIFE SKILL	.....	.....	Discussion on importance of time and picture recognition of alphabets from A-Z through videos and voice clippings
		QUIZ COMPETITION	1	23	Enhancing knowledge with the help of question bank, generating awareness about society and current affairs.
		POEMS	2	50	Poem recitation session - Many patriotic and motivational poems sung by students.
		STATIONERY DISTRIBUTION	2	54	Stationery material like pens, pencils, registers etc., were distributed among students.



2	Haryana				
	Gurgaon	NEW OPENING			
		EVENT CELEBRATION INDEPENDENCE DAY, TEACHERS DAY,DIWALI, REPUBLIC DAY,	4	78	Fostering the celebration of festivals in SVKs, highlighting their significance, holding quiz competitions and creative fun activities, and distributing sweets.
		MORAL SESSION	1	45	Stories were narrated to help students imbibe moral education.
		ART & CRAFT	2	84	Many interesting drawing & colouring techniques were taught to the students.
		DANCE & MUSIC WORKSHOP	6	85	Dance session was organised for students of SVK. They performed on patriotic and motivational songs to show their talent.
		PRAYER RECITATION	1	45	Students gained good thoughts and inspiration to move ahead in life with positive attitude.
3	Punjab				
		G.K SESSION	.....	.....	Enhancing knowledge with the help of question bank, generating awareness about society.
		MORAL SESSION	6	85	Teachers narrated stories from "Panchtantra" and explained their morals to the students. They were also asked to act on the same stories.
		ART & CRAFT	2	32	Students made drawings on different social topics.
		ANNUAL DAY	1	80	Annual day was celebrated at Ludhiana and students performed dance, sang songs, and recited poems.
		UNIFORM DISTRIBUTION	1	110	School uniform was distributed to students.
		EVENT CELEBRATION (MAKAR SANKRANTI)	1	75	Makarsankranti was celebrated at the centre and students were explained about its significance.

4	Bihar				
		G.K SESSION	16	300	Enhancing knowledge with the help of question bank, generating awareness about society and current affairs.
		MORAL SESSION	16	300	Teachers narrated stories to help students imbibe their morals.
		VED MANTRAS	4	60	Students recited Ved Mantras that help gain positive energy.
		PTM	2	97	PTM was organised to inform parents about the progress of their ward and discuss the problem (if any) faced by them in sending their ward to the centre.

## Our Centres

Manthan runs 7 SVK centres in India. They are outlined as:

- Delhi – Shakurpur and Rithala
- Haryana - Gurgaon
- Bihar – Dhanoja and Saharsa
- Punjab (Ludhiana) – Gopal Nagar, Ashok Nagar

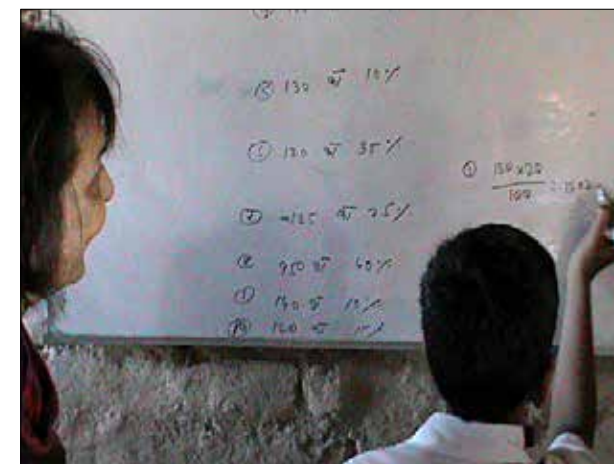
## Accademic Sessions

Through SVKs, we work hard to strengthen the core foundation of children by taking enrichment classes for Hindi, English, Mathematics and Science, while using innovative learning techniques.

(STUDENTS OF BIHAR CENTRES)



(HELPING THEM LEARN & GROW)





## Event Celebration

We ensure that our students enjoy colours of all festivals equally. We share with them the social, scientific, environmental or other specific significance related to any festival celebration.

## Health Checkup

Regular health camps were organised to ensure good health of all children. During the camps, children, parents and community are educated on personal health and hygiene. Periodic health checkups, needful medication as well as nutritive supplements were also provided to the children on regular basis.

(MANTHAN-SVK STUDENTS PARTICIPATING IN EVENTS)



(GENERAL HEALTH CHECKUP)





## Moral Sessions

Education includes all-round development of children. So, we include sessions on moral values in our holistic education programme. The rich culture and heritage of our country is revealed through moral stories and interactive activities. At SVK, we held moral sessions and motivational workshops to make students realize their true potential enhance their hidden talents and make right choice in life. Through value education, we strive to develop the social, moral, aesthetic and spiritual sides of children, which are often undermined in formal education.

(IMPARTING VALUE EDUCATION)



## Creative Skills

Creative classes are organised to enhance their inner talents and creativity through visual arts activity like painting and performing arts like theatre, music, dance and dramatics.

(ART WORKSHOP)



(MUSIC WORKSHOP)



(DANCE WORKSHOP)



(DRAMATIC WORKSHOP)



## Outdoor Activity

SVK recognises the importance of holistic development that extends beyond the classrooms. It has been observed that low physical activity levels contribute to poor physical fitness and are associated with cardiovascular disease risk factors in children. The 2008 Physical Activity Guidelines for Americans recommends that children must engage in at least 60 minutes of physical activity daily. Physical activity has a positive effect on students' health and academic outcomes. Therefore, our students are encouraged to pursue a wide range of sporting activities. They participate in various outdoor activities such as tag of war, lemon race, carom, soccer and others.

## Life Skill Workshops

Life skill education is an important vehicle to equip young people to negotiate and mediate challenges and risks in their lives, and to enable productive participation in society. At SVKs, we provide life skill training and engage students in activities where they know how to manage their time effectively and how to enhance learning power.

(STUDENTS PARTICIPATING IN DIFFERENT GAMES)



(LIFE SKILL WORKSHOPS AT DIFFERENT CENTRES)





## Parent Teacher Meeting

Centres organized quarterly Parents Teacher Meetings. Parents are informed about the progress of their children. Health issues, if any, are discussed and their suggestions are taken to improve the performance of children.

## Distribution of Stationery and uniform

Uniform and Stationery material like pen, pencil, register etc., were given away to students on need basis as and when required.

(MANTHAN-SVK STUDENTS PARTICIPATING IN EVENTS)



(UNIFORM & STATIONERY DISTRIBUTION)





## Ved Mantras

Regular sessions of Yoga and Meditation were held to improve concentration and mental ability of children. They also learnt recitation of Vedic Mantras to gain positive energy within.

(REVIVING VEDIC CULTURE IN STUDENTS)



## Water Rally

Students undertook a rally to generate community awareness to save water through skit, speech and street plays.

(ACTIVITIES DURING WATER RALLY)



## Future Projections

- Opening of new Manthan-SVK centres in Delhi, Haryana and Bihar
- Teachers' Training
- Excursion trips for students
- Fund raiser program for providing benefit to more and more students in need
- Scholarship program for higher education to needy students
- To initiate Computer literacy program for Manthan-SVK beneficiaries



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